

Useful Information

Breast Screening appointments

Lincoln: 01522 573999

Monday to Friday 8am to 4pm

Macmillan Breast Care Nurse Helpline:

Grantham: 01476 593945

Lincoln: 01522 537662

Boston: 01205 445998

Monday to Friday 8am to 4pm

(messages can be left outside of these time)

<https://www.nhs.uk/conditions/breast-cancer-screening/>

References

If you require a full list of references for this leaflet please email
patient.information@ulh.nhs.uk

The Trust endeavours to ensure that the information given here is
accurate and impartial.



If you require this information in another language, large print,
audio (CD or tape) or braille please email the Patient Information
team at patient.information@ulh.nhs.uk

Family History Clinic Discharge Information

Breast Care Services

www.ulh.nhs.uk

This leaflet aims to provide you with information following your discharge from the Breast Family History Clinic.

Discharge information

You have now been discharged from the regular follow-up of the Family History Breast Clinic.

We recommend that you remain Breast Aware and report any new findings to your GP. This includes new lumps, nipple discharge, skin changes or eczema around the nipple.

Screening programme

You should now be aged over 50 and we recommend you join the National Breast Screening Programme.

Their telephone number is 01522 573999.

They will arrange future mammograms for you on a three yearly basis until you are 73 years old.

You should have had a mammogram within the last 12 months. If you have not, please ask the doctor before you leave clinic.

It is recommended that you do not have a mammogram within 12 months of your last one even if you receive an appointment from the National Breast Screening Service.

If you are aged over 73 years, you can still telephone the above number and arrange a mammogram, as they will not routinely call you after this age.

Contacting The Breast Team

Should you have any questions or concerns in the future please contact the Breast Care Nurse for advice. If you develop new symptoms, we may be able to see you in the clinic without a GP referral, if it is less than 6 months since you were discharged.